



## Facebook Tips

### **How to download a copy of your Facebook data**

1. On the web, visit the **General Account Settings** page.
2. At the bottom of your **General Account Settings**, click **Download a copy of your Facebook data**.
3. Click **Start My Archive**.
4. Enter your **password** and click **Submit** to continue.
5. Click **Start My Archive** to start the process of creating your Facebook archive.
6. Click **Ok**.
7. Wait for an **e-mail** or **Facebook notification** letting you know your Facebook archive is ready to download.
8. Click **Download Archive**.
9. Enter your **password** and click **Submit** to download your Facebook archive.

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**Below is a table with the data type and description of the information that you will see in your Facebook archive:**

<b>Data Type</b>	<b>Description</b>
About Me	Information you added to the About section of your timeline like relationships, work, education, where you live and more. It includes any updates or changes you made in the past and what is currently in the About section of your timeline.
Account Status History	The dates when your account was reactivated, deactivated disabled or deleted.
Active Sessions	All stored active sessions, including date, time, device, IP address, machine cookie and browser information.
Ads Clicked	Dates, times and titles of ads clicked (limited retention period).
Address	Your current address or any past addresses you had on your account.
Ad Topics	A list of topics that you may be targeted against based on your stated likes, interests and other data you put in your timeline.
Alternate Name	Any alternate names you have on your account (ex: a maiden name or a nickname).
Apps	All of the apps you have added.
Birthday Visibility	How your birthday appears on your timeline.
Chat	A history of the conversations you've had on Facebook Chat (a complete history is available directly from your messages inbox).
Check-ins	The places you've checked into.
Currency	Your preferred currency on Facebook. If you use Facebook Payments, this will be used to display prices and charge your credit cards.
Current City	The city you added to the About section of your timeline.
Date of Birth	The date you added to Birthday in the About section of your timeline.
Education	Any information you added to Education field in the About section of your timeline.
Emails	Email addresses added to your account (even those you may have removed).
Events	Events you've joined or been invited to.

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Facial Recognition Data	A unique number based on a comparison of the photos you're tagged in. We use this data to help others tag you in photos.
Family	Friends you've indicated are family members.
Favorite Quotes	Information you've added to the Favorite Quotes section of the About section of your timeline.
Followers	A list of people who follow you.
Friend Requests	Pending sent and received friend requests.
Friends	A list of your friends.
Gender	The gender you added to the About section of your timeline.
Groups	A list of groups you belong to on Facebook.
Hidden from News Feed	Any friends, apps or pages you've hidden from your News Feed.
Hometown	The place you added to hometown in the About section of your timeline.
IP Addresses	A list of IP addresses where you've logged into your Facebook account (won't include all historical IP addresses as they are deleted according to a retention schedule).
Locale	The language you've selected to use Facebook in.
Logins	IP address, date and time associated with logins to your Facebook account.
Logouts	IP address, date and time associated with logouts from your Facebook account.
Messages	Messages you've sent and received on Facebook. Note, if you've deleted a message it won't be included in your download as it has been deleted from your account.
Name	The name on your Facebook account.
Name Changes	Any changes you've made to the original name you used when you signed up for Facebook.
Networks	Networks (affiliations with schools or workplaces) that you belong to on Facebook.
Pages You Admin	A list of pages you admin.
Pending Friend Requests	Pending sent and received friend requests.
Phone Numbers	Mobile phone numbers you've added to your account, including verified mobile numbers you've added for security purposes.
Photos	Photos you've uploaded to your account.
Photos Metadata	Any metadata that is transmitted with your uploaded photos.

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Physical Tokens	Badges you've added to your account.
Pokes	A list of who's poked you and who you've poked. Poke content from our mobile poke app is not included because it's only available for a brief period of time. After the recipient has viewed the content it's permanently deleted from our systems.
Political Views	Any information you added to Political Views in the About section of timeline.
Posts by Others	Anything posted to your timeline by someone else, like wall posts or links shared on your timeline by friends.
Recent Activities	Actions you've taken and interactions you've recently had.
Registration Date	The date you joined Facebook.
Religious Views	The current information you added to Religious Views in the About section of your timeline.
Removed Friends	People you've removed as friends.
Screen Names	The screen names you've added to your account, and the service they're associated with. You can also see if they're hidden or visible on your account.
Spoken Languages	The languages you added to Spoken Languages in the About section of your timeline.
Status Updates	Any status updates you've posted.
Work	Any current information you've added to Work in the About section of your timeline.
Videos	Videos you've posted to your timeline.

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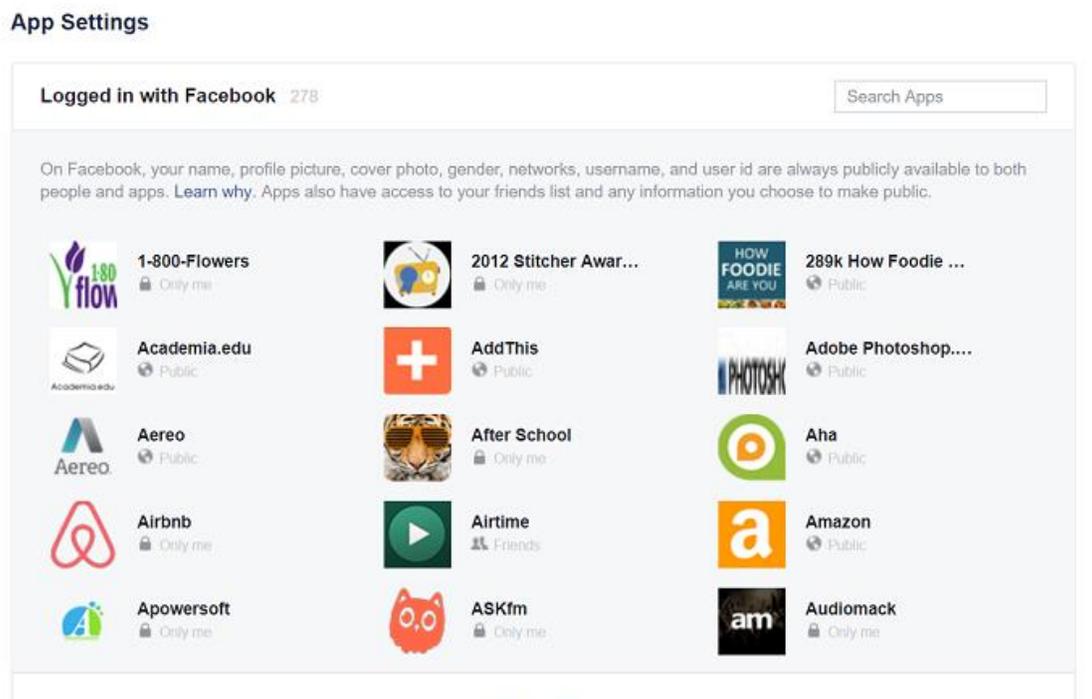
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## Preventing apps from accessing your information

You can view and control the data apps collect by going to the App Settings page that can access as follows:

Website: Click on **down arrow** to the right of your Facebook home page, select **settings** and select **Apps** from the left column. That brings up a page for your installed apps. Click on an app to see and edit permissions.

Mobile: Click on the **3 horizontal lines** (upper right Android and bottom of iOS screen) to bring up the menu and scroll down and click **Account Settings** and then **Apps**. Tap on an app to view and edit its privacy settings.



## Control what your friends apps can reveal about you

When a friend gives permission for an app to access their data, they also pass on the information about you that is checked in the “Apps Others Use” permission box. If you want to keep them from accessing any or all of this information:

1. Click down arrow on top right of any page
2. Select Settings
3. Click on Apps in the left hand column
4. Scroll down to Apps Others Use
5. Click Edit

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